



Pulse Treatment Using Azithromycin in HIV/AIDS-Associated Solitary Tumor-Like Bacillary Angiomatosis

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Abstract

With the advent of the HIV/AIDS pandemic within the South Saharan region, clinicians are faced with accentuated clinical presentations of previously well-known diseases. Bacillary angiomatosis is no exception to this rule. Bacillary angiomatosis is a cutaneous and systemic bacterial infection caused by gram-negative *Bartonella* species. We report a case of an immunocompromised 44 years old female patient who presented with a solitary tumor-like bacillary angiomatosis that was treated successfully with azithromycin in a bi-weekly pulsed dosing regimen. This patient had a considerably large (12 x 10cm's) single lesion of the disease. The case highlights the potential that immunosuppressed patients are not only at risk of disseminated disease, but also of developing severe localized disease. Furthermore, Azithromycin pulse treatment may offer a convenient alternative as there is still no clear consensus regarding treatment protocol for using azithromycin in the treatment of cutaneous bartonellosis.

Keywords

Warthin Starry Stain, Azithromycin, Pulse Therapy, Immunocompromised, HIV/AIDS

Abbreviations

PCR - Polymerase Chain Reaction, HIV/AIDS - Human Immune Deficiency Virus/Acquired Immuno Deficiency Syndrome

Introduction

Immunocompromised patients have a higher risk of developing *Bartonella* infections. The three most important *Bartonella* species known to cause human disease are *B. bacilliformis*, *B. quintana*, and *Bartonella henselae* [1,2]. Cats continue to be the leading reservoirs of this organism [3]. In South Africa, the prevalence of *Bartonella* in HIV positive patients is comparable to previously reported prevalence.

Frean *et al.* (2002) looked at the prevalence of *Bartonella* in HIV positive out-patients at several hospitals in Johannesburg and found a 10% PCR prevalence of *Bartonella* [2]. Except for erythromycin, a tetracycline derivative, and gentamicin, specific data relating to dosage, frequency, and duration of using azithromycin in cutaneous bacillary angiomatosis is lacking. We report a case of successful treatment using azithromycin as pulse therapy.

Case Report

Case Report

A 44 years old female patient presented to our dermatology clinic with a two months history of solitary, slow-growing, painless, and ulcerative mass on her left mid ulnar area. She was known with HIV/AIDS and had been on antiretroviral medication for 5 months and had no other comorbidities.

Clinical examination revealed a healthy-looking female with normal vital signs, no abnormal findings

on general examination, and no overt stigmata of HIV associated opportunistic diseases. Examination of the lesion on the left mid-ulnar aspect of the forearm confirmed the presence of exophytic fleshy mass with surface ulceration and evidence of fresh bleeds (**Fig-1**). The mass measured 12 x 10cm in dimension. Focused examination of the ipsilateral epitrochlear and axillary lymph nodes revealed small rubbery lymphadenopathy of less than 1cm in diameter.



Fig-1: Initial presentation of tumor-like solitary lesion measuring 12x10cm dimensions.

In view of the history and clinical features, the following differential diagnoses were considered, i) Kaposi Sarcoma, ii) Bacillary angiomatosis, iii) Solitary plasmablastic lymphoma, iv) Giant pyogenic granuloma, v) other cutaneous malignancies such as squamous cell carcinoma and melanoma.

An appropriate punch biopsy was performed for histopathological evaluation of the lesion. Microscopic examination of the specimen showed hyperkeratosis, acanthosis, and ulceration with underlying granulation tissue admixed with chronic inflammatory cell infiltrate. A poorly circumscribed dermal component of

the lesion was composed of a proliferation of capillary size blood vessels lined in areas by polygonal epithelioid cells with eosinophilic cytoplasm. Spindle cell component, red cell extravasation karyorrhectic debris was also noted.

Immunohistochemical profiling of the lesion showed negative HHV8 and CMV, however with a positive CD34 & CD31 within vascular walls. The presence of vascular lesion that resembles pyogenic granuloma however with numerous neutrophil karyorrhexis prompted Warthin Starry stain, but this yield was inconclusive. Finally, a PCR for Bartonella was

Case Report

performed and demonstrated positivity within the tissue submitted.

The final diagnosis of bacillary angiomatosis was made and treatment was initiated. Owing to the unavailability of erythromycin in our province public sector, azithromycin had to be used at pulse dose: 500mg daily for 3 days every 14 days. The longer half-life of azithromycin could explain the clinical response noted in this case.

Our patient had complete resolution of the lesion within three months of starting the above-mentioned treatment regimen (**Fig-2**).

Discussion

Although our patient had bacillary angiomatosis, a history of 'cat scratch' was not elicited. She did report that there were no pets in her household. This raises a question of other modes of transmission other than via cats as reservoirs [4,5]. In this scenario, one could support authors who postulate that there could be other modes of transmission although the data is conflicting.

Clinically, the patient had an extremely large single tumor-like lesion, which represents the site of primary

inoculation. As known, the severity of the Bartonella infection typically correlates with the host's immune function [6]. The case-patient was immunocompromised with a suppressed viral load and CD4 Count of 208 and this could explain the reason she contracted the infection.

In terms of treatment, erythromycin is the treatment of choice. Other effective antimicrobials include doxycycline, clarithromycin, rifampicin, and gentamicin [7-10]. We did not have erythromycin within the public health sector and the patient had reported a previous episode of fixed drug eruption due to doxycycline. We then opted to use azithromycin. The dosing and duration of treatment using azithromycin is not so clear. As such, we opted to use a pulse therapy using azithromycin 500mg daily for three days repeated every 14 days for a total of 7 dosages (3 months duration). Complete clearance was seen by week 5 as illustrated in **Fig-2**.

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Fig-2: Week 5 of bi-weekly azithromycin pulsed treatment.

Conclusion

In conclusion, In HIV/AIDS, bacillary angiomatosis lesions may present with larger lesion sizes of more than 10cm diameter as in this case report. This case further illustrates that azithromycin may be used as pulse therapy in HIV/AIDS patients as opposed to daily dosing that may end up causing unwarranted interactions with antiretroviral treatment as well as possible hepatocellular compromise. Further studies are still needed to validate the pharmacology behind the phenomenon demonstrated through this case report.

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